

# STAY SAFE WITH SOCIETY



## FIRST AID KITS

Having a proper first aid kit or first aid supplies can be very helpful in assisting an injured person before professional help can be given. If you're not sure what to do to help an injured person, don't do anything except call for help. The wrong move can make things worse for the injured person.

In 1998, the OSHA standard (29 CFR 1910-151) for first aid kits was revised to say that a person or persons shall be adequately trained to render first aid and adequate first aid supplies shall be readily available. Listed below are the basic contents of a first aid kit that meets OSHA standards. These contents are normally adequate for small workplaces.

<u>Description:</u>	<u>Quantity</u>
Absorbent Compress, 4"x8" min.	1 each
Adhesive Bandages, 1" x 3"	16 each
Adhesive Tape	5 yards
Antiseptic Applications, 0.5g each	10 each
Burn Treatment Applications, 0.5g each	6 each
Sterile Pads, 3"x 3" min.	4 each
Medical Exam Gloves	2 pair
Triangular Bandage, 40"x 40"x56" min.	1 each

In addition to the above minimum contents, a first aid kit should have optional items added based on specific workplace hazards. These additional items should be selected by consulting with a healthcare professional or person competent in first aid who is knowledgeable about the hazards found in your workplace.

It is also good practice to regularly inspect your first aid kits to ensure that they are full, in good condition, and have not expired. The contents list for the first aid kit should be periodically reviewed to ensure that it meets the needs of your workplace hazards at all times.

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A Small Detail  
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This information is advisory, and it must not be assumed that it has detected all unsafe acts or conditions. This information is designed to assist you in recognizing potential safe work problems and not to establish compliance with any law, rule or regulation.

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